

# ADOL<sup>®</sup>

## Allergy Sinus

### Caplets, Sachets

#### Composition :

Each Caplet contains :	
Paracetamol	325 mg.
Pseudoephedrine HCl	30 mg.
Chlorpheniramine Maleate	2 mg.
Each Sachet contains :	
Paracetamol	650 mg.
Pseudoephedrine HCl	60 mg.
Chlorpheniramine Maleate	4 mg.
	in a sweet, flavoured base.

#### Properties :

ADOL Allergy Sinus is specially formulated to provide the proper symptomatic relief in upper respiratory tract allergies. Paracetamol produces analgesia by elevating the pain threshold centrally and antipyresis through an action on the hypothalamic heat-regulating center. Pseudoephedrine HCl is a decongestant which reduces naso-pharyngeal mucosal congestion. Chlorpheniramine maleate is an antihistamine which provides temporary relief of rhinorrhea, sneezing, lacrimation, and itching. Caplets are specially coated and shaped for easy swallowing, and for those who do not like or are unable to swallow caplets, sachets can be used. The "hot therapy" provided by sachets also helps assuring rapid absorption and rapid and effective symptomatic relief.

#### Indications :

ADOL Allergy Sinus is indicated to provide effective relief of the following upper respiratory tract allergy, hay fever and sinusitis symptoms: sneezing, itchy and watery eyes, runny nose, itching of the nose or throat, nasal and sinus congestion and sinus pain and headaches.

#### Dosage :

Adults and children over 12 years : Two caplets or one sachet 3 to 4 times daily, not exceeding 8 caplets or 4 sachets in any 24 - hour period.

Children 6-12 years : One caplet 3 to 4 times daily, not exceeding 4 caplets in any 24 - hour period.

ADOL Allergy Sinus should not be given to children below 6 years of age.

For "hot therapy" sachets : Tear or cut open the sachet as indicated. Dissolve the contents of one sachet in 6 ounces (180 mL) cup of hot water. Sip while hot. If desired, sweeten to taste.

#### Precautions :

Caution is recommended when the product is given to patients having hypertension, heart disease, thyroid disease, diabetes mellitus, prostatic hypertrophy and urinary retention, and glaucoma.

As with other similar medicaments, ADOL Allergy Sinus is better to be avoided during pregnancy and lactation unless otherwise recommended by the physician.

Massive overdosage of paracetamol (exceeding 10 g for adults and 150 mg/kg body weight for children) should be avoided to avoid the possibility of hepatotoxicity.

#### Warnings :

Since the antihistaminic component may cause drowsiness, patients receiving ADOL Allergy Sinus should be warned against driving motor vehicles or operating machinery. Alcoholic beverages should be avoided.

ADOL Allergy Sinus should not be taken by patients receiving antihypertensive drugs or antidepressants unless otherwise prescribed by the physician.

#### Side effects :

ADOL Allergy Sinus is usually well tolerated when taken as recommended. Some minor side effects may be experienced with higher doses including skin rash or other allergic reactions, nervousness, trouble in sleeping, and sedation.

#### Presentation :

Caplets : Packs of 24 caplets.

Sachets : Packs of 6 sachets.

#### THIS IS A MEDICAMENT

- Medicament is a product which affects your health, and its consumption contrary to instructions is dangerous for you.
- Follow strictly the doctor's prescription, the method of use and the instructions of the pharmacist who sold the medicament.
- The doctor and the pharmacist are experts in medicine, its benefits and risks.
- Do not by yourself interrupt the period of treatment prescribed for you.
- Do not repeat the same prescription without consulting your doctor.

Keep all medicines out of the reach of children



Produced by: *Julphar*  
Gulf Pharmaceutical Industries,  
Ras Al Khaimah, U. A. E.